



NDIS

**National Disability Insurance
Agency**

Transitioning from Better Start funding to NDIS

- Better Start early intervention support will progressively transition to NDIS
- You can use the existing Better Start funding for your child while developing an NDIS plan
- Once the NDIS plan is approved, funding from Better Start will cease

Background

- People with disability have the same rights as other members of Australian society to be able to determine their own best interests, including the right to exercise choice and control, and to engage as equal partners in decisions that will affect their lives.
- There is choice around where a person's planning interview occurs, who attends and who provides supports.

- The planning process begins with a discussion about the participants' goals, objectives and aspirations in the context of their abilities, environment, personal and community supports and social and economic participation.
- Then the Planner will ask you what supports you need to achieve your goals and increase your participation.

Identifying Goals and Aspirations

- Firstly think about what you want and why you want this – think actions and goals. Don't be limited by what is currently available to you or what you think is possible.

Dreams:

- What do you love to do?
- What makes you happy?
- What would a good life look like for you?
- What would you to be able to do, and why?
(short, medium, long term outcomes)
- Why are these things important?

Skills, independence, participation, inclusion:

- What activities are difficult for you?
- What is limiting your ability in these life areas?
- What assistance/supports/resources would be helpful in order to perform these activities/ achieve these goals, (that is above and beyond what would normally be required by a person of a similar age who doesn't have a disability)?

Types of Supports and Services

- Think about the types of supports and services you may need to help achieve the goals – don't be limited by current services available. Are there items or services that, if accessed early, will reduce the need for supports in later life?

- Supports and services will be a mix of informal everyday supports (family, friends, etc), mainstream and community supports and funded NDIA supports. Identifying the NDIA funded options of supports and services will take place towards the end of the planning process.

Informal everyday supports

- What informal every day supports (parents, family members, siblings, friends) will help achieve goals, dreams, independence, participation and inclusion?
- What do you need?
- What is currently in place?
- What are the gaps?
- How reliable, consistent and/or sustainable are these?

Mainstream and community supports

- What services, therapy, supports, information and training will help achieve goals, dreams, independence, participation and inclusion?
- What do you need?
- What is currently in place?
- What are the gaps?
- Think about therapy, care, training, practice plus reinforcement, aids, equipment, training of carers, etc.

Funded supports

- What modifications in the home/vehicle/school will help achieve goals, dreams, independence, participation and inclusion?
- What do you need?
- What is currently in place?
- What are the gaps?

Ten Life Domains

- Learning and applying knowledge (e.g. understanding and remembering information, learning new things, practicing and using new skills and ideas).
- General tasks and demands (e.g. doing daily tasks, managing daily routine, handling problems, making decisions)
- Communication (e.g. being understood and understanding other people).

- Mobility (e.g. getting in or out of bed or a chair and moving around in your home and community)
- Self-care and special health care needs (e.g. showering/bathing, dressing, eating, toileting)
- Domestic life activities (e.g. preparing meals, cleaning, housekeeping and home maintenance)

- Interpersonal interactions and relationships (e.g. making and keeping friends and relationships, coping with feelings and emotions)
- Community, social and civic life (e.g. community activities, recreation and leisure)
- Education and training;
- Employment.

Transdisciplinary service package

3 main categories

- Low support needs
- Standard support needs
- Complex support needs

School-aged children

- Functional needs
- Services in schools
- Currently seeking support – flexible service

NDIS Website

www.ndis.gov.au